

Name:

Phone Number



Nourish Dine @ Home Dinners

A weekly menu of seasonal meals for you to enjoy at home.

All food is chef prepared in a dedicated gluten free kitchen. We purchase the best ingredients to provide delicious meals from our kitchen to your table. We purchase as much as possible from local sources. Fish is wild (unless noted) meats and eggs are pasture raised, produce is organic.

1. Using the order form below, check the meals or pantry items and the quantity you want of each.
2. Call 360-797-1480 or email contact@nourishsequim.com with your order by noon on THURSDAY .
3. Pick up and pay your food on SUNDAY between noon and 6pm

Order by THURSDAY May 9 th by Noon. Pickup SUNDAY May 19 th Noon — 6:00pm

Please select your meals by writing the quantity of each meal you want to order in the box

(DF) indicates Dairy Free (V) indicates Vegan

| | Price ea. | Total |
|---|------------------|--------------|
| ENTREES | | |
| <input type="checkbox"/> Seared King Salmon (organic, farmed), herb sauce with roasted potatoes & vegetable | \$18 | _____ |
| <input type="checkbox"/> Roasted cauliflower with lentils and pistachio mint pesto (vegan/dairy free) | \$15 | _____ |
| <input type="checkbox"/> Bison & pork meatballs with marinara sauce over spaghetti | \$16 | _____ |
| <input type="checkbox"/> Lamb mushroom and rosemary pot pie with vegetable side | \$16 | _____ |
| SOUP | | |
| <input type="checkbox"/> Ginger carrot soup (V) 12oz | | |
| <input type="checkbox"/> Curried lentil coconut cream soup 12oz | \$7 | _____. |
| DESSERT | | |
| <input type="checkbox"/> Tahini swirl brownies | | |
| <input type="checkbox"/> Pistachio white chocolate layer cake (vegan/dairy free) | \$7 | _____ |
| PANTRY ITEMS | | |
| <input type="checkbox"/> 2 Brazilian cheese bread rolls | | |
| <input type="checkbox"/> Marinated Mushrooms (6oz) (V) | \$6/8 | _____ |
| <input type="checkbox"/> 2 sweet potato wraps (V) NEW | | |
| <input type="checkbox"/> hummus (V) | \$5/8 | _____ |
| <input type="checkbox"/> Chicken Pot Pie | | |
| <input type="checkbox"/> House pickles (V) | \$16/ 5 | _____ |
| | Sub total | _____ |
| (V) Vegan (df) Dairy Free | | |
| All meals are prepared in a dedicated gluten free kitchen | Tax 8.8% | _____ |
| Please let us know how we may improve our service for you. | Total | ` _____ |
| Thank You for your order, Nourish Sequim | | |